

Sondy Kaska

M.A., J.D., Mediator

ANIMAL COMMUNICATOR

Enhancing the Human-Animal Bond

Interspecies Communication and
Consultations

Call for Appointment

319-354-7428

Emergencies Accommodated Whenever Possible

- Reiki I & Reiki II Practitioner (includes absentia healing)
- Energy Healing I & Energy Healing II Practitioner
 - Flower Essences Therapist
 - Light Language Practitioner
 - Quantum Healing Practitioner
 - Follows the
“Code of Ethics for Interspecies Telepathic Communicators” formulated by Penelope Smith (1990)

GIFT CERTIFICATES AVAILABLE

What is Animal Communication?

Animal communication is a method of speaking with other species that reaches beyond attempts to read body language and the cues and routines that become a way of life for animals who live with humans. Animal communication is based on the belief that all species have intelligence and their own perspectives, experiences, and needs deserving of respect. Animal communication is a more direct exchange of thoughts, feelings, emotions, and ideas that provides human and animal companions a deeper bond, better understanding, a shared sense of kinship, and conveys a reverence for all life.

How Can a Consultation Help?

- Addressing behavioral problems—Understanding your animal companion’s reason for a particular behavior can help you arrive at a resolution satisfactory to both of you. Excessive barking, failure to use the litter box, fighting between animals in a household, jealousy, over-protectiveness, and a multitude of other behavioral issues can be addressed.



GUSTO

- Helping animals adjust to a new home, human, or animal companion—Although changes such as these are exciting, even positive changes can be great stress producers. Whether it is bringing home an animal rescued from a shelter, adding a human baby to the family, moving to a new house, or any of the many variations on these themes, communicating with your animal companions (those new to the family as well as those established) about their fears, concerns, and past experiences will aid in a smoother transition for all.

- Helping animal companions understand the death of a beloved human or animal—Because we humans are so often consumed by our own grief when loss occurs, we often fail to realize how the sudden absence of loved ones also affects the animals with whom the loved ones shared their lives. Animals have a perception of death that differs from that of many humans. Explaining to animals what has happened, particularly in situations of sudden loss, and allowing them an opportunity to have questions addressed and to express their grief, can prove extremely beneficial.

- Managing health concerns affecting your animal companion—It can often prove helpful to learn from your animal companion how he or she is feeling, where a pain is actually located, whether your animal companion feels that a particular course of treatment is being helpful, and how urgent your companion believes the situation to be. It is also often helpful to explain veterinary procedures in advance. NOTE: animal communication is not a substitute for good veterinary care.

- Exploring how changes in your life will affect your animal companion—Because your animal companions come to rely on the routines you have established, it is courteous and often comforting to them to be told of upcoming changes. These changes could include a change in work schedule, a divorce or end of a relationship, a weekend away, an extended vacation during which your animal companion will have a sitter or go to a kennel, or a significant change in your animal companion’s diet caused by a medical condition.

- Enhancing the bond between you and your animal companion—Animal communication allows you to learn specifically about your animal companion’s likes and dislikes, such as favorite activities, parts of his or her routine, foods, and toys. It allows animal companions an opportunity to explain how they feel about a particular sitter or vet, share something that is causing them sadness or happiness, and gives you and your animal companion a chance to express your feelings for one another.

- Preparing for and working through your animal companion’s end of life experience—Making a decision to cease a particular medical treatment or to euthanize an animal companion is the most painful aspect of sharing our lives with those companions. Animals frequently have strong feelings and opinions about whether or not it is time to cross over and knowing this can bring great peace of mind to the humans in their lives. Animal companions, who often feel great responsibility for their human caregivers, find peace in knowing their humans give them permission to go when they are ready, in having the process of euthanasia explained, and expressing any last wishes or feelings.

- Exploring alternative therapies—There are a number of alternative or non-traditional therapies that may help your animal companion deal with any of the situations described above and/or enhance conventional treatments or diminish their negative side effects. These include the use of Bach and other Flower Essences, light language, quantum healing, energy healing, and Reiki.

- Communicating with animal companions who have died—It can bring great comfort to have an opportunity to communicate with your beloved animal companions who have died. The communications may include exchanges of messages of love, reassurance from your animal companions about the efforts you made on their behalf, or wisdom that those companions wish to impart. These messages have the potential to ease long-held hurts carried since the loss of a beloved animal companion.



DAGNEY

What Not to Expect from a Consultation

Animal communication is not a substitute for good veterinary and/or chiropractic care, a healthy diet, exercise, and loving care and companionship. I am not a veterinarian and do not diagnosis diseases or prescribe treatments for them. When your animal is ill or injured, animal communication can be helpful in describing the location and type of pain and other symptoms. It also provides feedback as to the effectiveness of a treatment.



SIS

Being an animal communicator allows me to “translate” your animal companion’s thoughts, viewpoints, emotions, and wisdom as conveyed to me at the present time. I am able to speak with animals who are alive and animals who have died. However, I am not an animal psychic nor do I do channeling. Therefore, I do not predict the future.

Animal communication is not mind control. Rather, it will help you understand the reason for a behavior or belief held by your animal companion and provide help in reaching a solution or compromise. Animals, like humans, are individuals and often have habits and beliefs that are long-standing. Such habits can be difficult to break. Do not worry that your animal companion will reveal your deepest, darkest secrets or embarrassing information about you. Animal companions are very loyal to their humans.

Preparing for a Consultation

Once you have set an appointment for an animal communication consultation, prepare a list of questions or topics that you would like to discuss with your animal companion.

- The more specific and concise your questions, the more helpful your animal companion is able to be in response. You may also want to prioritize your questions as sometimes one query leads to others that you did not originally anticipate.
- At the time of your appointment, be in a quiet and relaxing place in your home. Let your animal companion choose where she or he would prefer to be. Communication and healing are not impacted by distance. The majority of consultations are by telephone.
- As the consultation begins, I will first become quiet and connect with your animal companion. Initially, I generally receive a sense of your animal companion’s personality and he or she often has something to say. In households or settings where there are several animals, I may check with you to be sure that I have connected with the intended animal, as often others are eager to speak as well. Then we will begin with the questions you have for your animal companion, and talk back and forth as I receive responses.

It is helpful to keep an open mind during the consultation as this allows thoughts to flow more smoothly and your animal companion to communicate more freely. I welcome your feedback and input during the consultation as this enables you to be a more active participant and adds your positive energy to the process.

Scheduling a Consultation

To schedule an appointment for an animal communication consultation, please call 319-354-7428. If no one is available to take your call, leave a message clearly indicating:



ELI

- your name;
- your telephone number; e-mail address; and
- the length of consultation you desire (e.g., half-hour; full hour).

During weekdays, I generally return calls within 4 hours. Emergencies will be accommodated whenever possible.

Once an appointment has been scheduled, please send a recent photograph of your animal companion that I may keep, and your payment to me. Include your name, mailing address, and telephone number as well as the name/s of your animal companion/s.

Allow sufficient time to insure that I receive this information several days before your scheduled appointment. Note that FedEx and UPS do not deliver to a post office box, so call if you need a street address.

An audiotape of the session will be mailed to you following your scheduled appointment.

Payment in the form of cashier’s check, money order, or check is accepted. Please do not send cash through the mail.

If you need to cancel or reschedule your consultation, 24 hours’ notice is required. You are responsible for the entire fee for missed appointments, late rescheduling, or cancellations with less 24 hours’ notice. Please keep this in mind as you make or change an appointment.



JAKE

Testimonials

I was amazed at how much Sonyd conveyed! She couldn’t have known my horse lived at another place and was happier there. What a great relief to communicate with Scher how much we still love her even though things had to change in our lives.

—SHERRI GEISTKEMPER

I have been astounded by Sonyd’s accuracy in communicating clearly with my animal friends, helping us deal with issues ranging from ill health, unhappiness, litter box issues, behavioral problems and more. Understanding each other’s feelings and desires has brought us all closer together and taken us from an often tense and frustrated multi-animal household to one of peace, play, and loving partnership.



REGGIE

—BARBARA BOYLE

When we moved from the country to Iowa City, Sophie and Tiger were so distraught they had major hair loss. Since they have been in communication with Sonyd, they are so content and relaxed. Our move from east side Iowa City to the west side was so smooth and they had no extra hair loss. You are truly a gift to our kitties and us!

—DEBRA GINGERICH AND JUDY GINGERICH

Words cannot express how meaningful and magical my experience with Sonyd and my kitties proved to be. For almost three years, I’ve been agonizing over my experience with Jennings’ crossing over—feeling guilty, questioning my decisions, and wondering how Jennings perceived that series of events. Through Sonyd, Jennings addressed these issues, and left no doubt that the information came from him. I’m still amazed by my kitties’ communications. They have helped me find peace and be a better mom to my kitties. Knowing I can get help from Sonyd is truly the best gift I could ask for.

—CHARLA ANDERSON

Murphy used to bark at me whenever I left the house. Now that I know he understands when I talk to him, I tell Murphy where I am going and when I’ll be home. As a result, Murphy rarely barks at me when I leave.

—JUDI

Sonyd was very helpful in identifying the underlying problem with my dog’s lethargy and ear infections. Sheba has been much happier and more active since our session.

—CANDIDA MAURER

Sonyd’s a real natural, a truly gifted animal communicator. We learned about Ben’s early months which helps us better understand and respond to his behaviors. And it was great to hear what Winston missed and needed. He is already much happier. Both seemed to enjoy talking to her, too!

—CAREGIVERS TO BEN & WINSTON

Despite my belief that euthanasia is the final gift of love we can offer our animal friends, for me, the impending and resulting loss is crushing. Having Sonyd help Lucifer (my feline soulmate) and me through his last days and nights was an event that brought us all the sense of peace that comes when goodbyes are able to be shared. Attributes that come to mind when reflecting on Sonyd’s work are: intuitive, thoughtful, respectful, straight-forward, and right-on accurate.

—JANET ASHMAN